

We are pleased to announce a one-day skills
workshop

**SOCIAL PROBLEM SOLVING THERAPY
FOR PEOPLE WITH PERSONALITY
DIFFICULTIES**

by

Professors

Arthur M Nezu & Christine Maguth Nezu

of Drexel University, Philadelphia

*Authors of **Solving Life's Problems and
Problem-Solving Therapy***



Social problem-solving therapy is a cognitive-behavioural intervention that is designed to improve the client's ability to cope with stressful problems, as well to achieve life's goals. Specifically, it aims to help clients identify and use emotions effectively, recognise problems, and take a realistically optimistic and creative approach to improving decision making and action planning. This helps the client to improve social functioning and actualise their individual values and goals. The workshop will be of interest to psychologists, psychiatrists, nursing staff, social workers, probation service staff, CBT therapists, occupational therapists, and graduate NHS workers.

on

Wednesday, 16th January 2008, 9.00 – 4.30 pm

at The Hilton Hotel, Nottingham

SOCIAL PROBLEM SOLVING THERAPY FOR PEOPLE WITH PERSONALITY DIFFICULTIES

Registration Form

Surname: _____ First Name: _____

Title: Prof / Dr / Mr / Mrs / Ms / Miss

Organisation: _____

Job title: _____

Address: _____

Post Code: _____

Tel. No: _____ Fax No: _____

Special dietary requirements: _____

Disability issues: _____

Conference Delegate Fee: £150 Early Bird Rate

£120 Early Bird Special Rate for Nottinghamshire Healthcare
NHS Trust Staff, Students and Voluntary Organisations' Staff

**(Early Bird Rate applies to applications received by 21st December 2007 -
£180 will be charged for all applications thereafter)**

Payment is required in advance of conference.

Payment Options:

1. Please find a cheque attached for £_____ made payable to
Nottinghamshire Healthcare NHS Trust

2. Please invoice for the attention of:

Name: _____

Invoice address if different from above _____

Manager's Signature _____

Manager's Name (Please print) _____

(Please note: we will return unsigned applications)

Please note: Cancellations must be made in writing and will be subject to an
administration charge of £30 until Wednesday, 2nd January 2008, after which no
refunds can be made.

*Please fax: 0115 9934549 or return completed form to: Dianne Pflasterer
or Vanessa Clark, Institute of Mental Health, Duncan Macmillan House,
Porchester Road, Mapperley, Nottingham NG3 6AA or e-mail
dianne.pflasterer@nottshc.nhs.uk or vanessa.clark@nottshc.nhs.uk
For further information/queries please contact Dianne or Vanessa on Tel No;
0115 9529466*

Welcome to Hilton Nottingham Hotel

If you wish to book accommodation at the Hotel for either the night of the 15th or 16th January 2008, a special delegate rate of £89.00 for B & B has been arranged. Please book this directly with the Hotel, mentioning that you are a delegate at the event.

Directions to Hilton Nottingham hotel

You might find this information useful to have with you when travelling to the hotel.



Hilton Nottingham hotel

Milton Street
Nottingham
NG1 3PZ
United Kingdom
Telephone +44 (0)115 9349700
Fax +44 (0)115 9349711
Email:
reservations.nottingham@hilton.com

Bookmark:

<http://www.hilton.co.uk/nottingham>

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Travel details and arrival information

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Location

Travel to the Hilton Nottingham hotel, in the heart of the city centre. Just 25 minutes from Nottingham East Midlands Airport by car, the hotel is located beside the main shopping area and close to Nottingham attractions.

To help you find your way

Nearest Airport : Nottingham East Midlands Airport

▶ [Find out more](#)

Nearest Motorway : M1 Junction 25

▶ [Find out more](#)

Nearest Train Station : Nottingham railway station

▶ [Find out more](#)

Parking

Notice: Please note that the Hilton Nottingham does not have a car park, however, there is a NCP car park adjacent to the Hotel or alternatively, parking at the Hilton Nottingham hotel is handled by an external company, who will valet park your car.